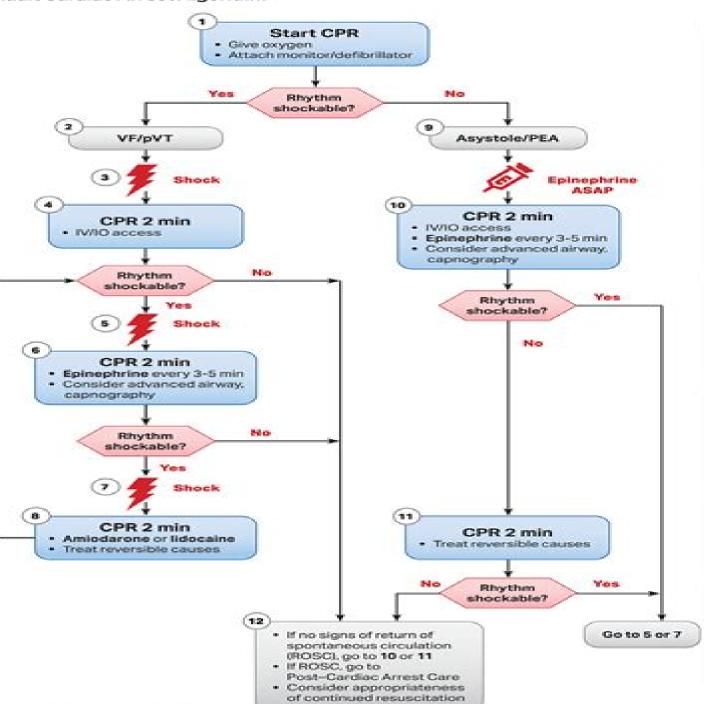
Adult Cardiac Arrest Algorithm



CPR Quality

- Push hard (at least 2 inches (5 cm)) and fast (100-120/min) and allow complete chest recoil.
- Minimize interruptions in compressions.
- Avoid excessive ventilation.
- Change compressor every 2 minutes, or sooner if fatigued.
- If no advanced airway, 30:2
- compression-ventilation ratio.
 Quantitative waveform capnography
 - If PETCO₂ is low or decreasing, reassess CPR quality.

Shock Energy for Defibrillation

- Biphasic: Manufacturer recommendation (eg. initial dose of 120-200 J); if unknown, use maximum available.
 Second and subsequent doses should be equivalent, and higher doses may be considered.
- Monophasic: 360 J

Drug Therapy

- Epinephrine IV/IO dose:
- 1 mg every 3-5 minutes
- Amiodarone IV/IO dose: First dose: 300 mg bolus. Second dose: 150 mg.
 - Lidocaine IV/IO dose: First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.

Advanced Airway

- Endotracheal intubation or supreglottic advanced airway
- Waveform capnography or capnometry to confirm and monitor ET tube placement
- Once advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions

Return of Spontaneous Circulation (ROSC)

- Pulse and blood pressure
- Abrupt sustained increase in PETCO, (typically ≥40 mm Hg)
- Spontaneous arterial pressure waves with intra-arterial monitoring

Reversible Causes

- Hypovolemia
- Hypoxia
- high-cone
- Hydrogen ion (acidosis):
- Hypo-rhyperkalemia
- Hypothermia
- Tension pneumothorax
- Tamponade, cardiac
- Toucins
- Thrombosis, pulmonary
- Thrombosis, coronary

Aha Code From Manual

Lingsheng Yao



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